How to Have a Good Video Call

Pro-Tips for Online Group Meetings

**LIGHTING |** Have a light source in front of you, shining on your face.

**SOUND |** Choose the quietest place you can to limit background noise.

**CAMERA** | Level your camera straight in front of your face, so you’re not looking up or down.

**MUTE & UNMUTE** | During the call, use Mute when you are listening and Unmute when talking.

**MEETING PLATFORM** | Login and get familiar with the platform and settings *before* the call. We find it’s best to try it with a friend beforehand to practice.